

EMS Windsor

EMS Windsor - The process of combining a cold compress and a hot compress together with EMS or likewise called electrical muscle stimulation is a therapy known as Constitutional Hydrotherapy. This particular therapy stimulates the immune system enabling the patient to move from a dominant sympathetic state to a much more calm parasympathetic state, that truly helps to stimulate the bodies healing process. The electrical muscle stimulation causes muscle contractions in order to boost venous and lymph blood flow.

Also utilized as a complimentary treatment, Constitutional Hydrotherapy can work for various physical conditions like irritable bowel syndrome, asthma, premenstrual syndrome or pms, respiratory infections plus other physical conditions which help to support the immune system. Patients could need up to 10 treatments to notice real results.