Rehab Windsor

Rehab Windsor - EECP therapy is an outpatient treatment used for angina and heart failure. For those who experience these conditions, simple activities such as getting the mail or walking the dog can be very difficult. If you or perhaps somebody you know suffers from heart failure or angina, the non-invasive treatment called EECP therapy can be beneficial. Statistics show that approximately 80% of individuals who complete the 35 hour course of EECP therapy report substantial symptom relief which could last as long as 3 years.

EECP therapy has proven to be a useful treatment for heart failure and angina. Normally, treatments are given for an hour a day, 5 days a week for a total of 35 hours. A treatment session involves lying on a comfortable treatment table using large blood pressure like cuffs wrapped round your legs and your buttocks. At particular times in between your heartbeats, these cuffs deflate and inflate. A continuous ECG or electro cardiogram is utilized in order to set the timing. This insures that the cuffs inflate while the heart is in its resting state where it usually receives its supply of oxygen and blood. Then the cuffs deflate at the end of that rest period, just prior to the next heartbeat. The patient wears a special sensor on their finger to monitor the blood's levels of oxygen. The sensor also monitors the pressure waves created by the cuff inflations and deflations.