

Registered Massage Therapist Windsor

Registered Massage Therapist Windsor - Someone who works with energy fields surrounding the animal or human body is actually called an energy healer. The fields of energy that surround living things have been known as qi, chakra body, aura body, chi, or the energy body. To an energy healer, the name is not as vital as the effects of working with it.

Healing with energy fields is an important part to any holistic healing plan in view of the fact that the energy fields surrounding our human body and the other things surrounding us are closely related to our overall health. Energy work is related with the gateway of the Spirit. The Body Gateway is related with physical healing, the Mind Gateway is associated to mental and emotional healing and the Spirit Gateway is linked with energy healing.

A lot of energy healers think that the majority of dis-ease starts from blockages of energy and could be healed by releasing blocked energy within the body. Like for example, respiratory ailments could feature a blockage of energy around the lungs. Once an energy healer unblocks that area, your respiratory issues must disappear or lessen.

Depending on the system they work with, energy healers operate in various ways. The basics are as follows: charging with light, exorcising negative fields, unblocking and re-routing. Your local spiritual bookstore or metaphysical store may be able to put you in touch with an energy healer if you feel this could be best for you.